

Adult Sports

Coed Softball - Activity# 1109

Did you know that softball is the #1 team participation sport in the U.S.? This slow pitch adult league has been a success since its inception over 14 years ago. Our format offers the perfect combination of recreation and competition. You may join as a team (must have a minimum of 5 men and 5 women) or you may sign up as a free agent and we will assign you to a team if room is available. Season runs June - August & the final day to register is 5/26. Contact Chris Thoennes at 258-4643 for more information. *Location: Memorial Park/Red Hill Park*
Team registration fee: \$600 or Free agent:\$55

Central Marin Kickball League

It's time to channel your inner child, as everyone's favorite school yard game has finally arrived in Marin! The Central Marin Kickball League caters to adults 18 and older looking to have fun, laugh hysterically, and forget the real world for an hour a week. We'll start with 2 different nights - a Wednesday or Friday night option - so gather your group of ex-soccer superstars, baseball junkies, and fun-seekers and get prepared to have a blast. YES, it will be as fun as it sounds! Teams have 11 players on the field at any given time, so a roster of at least 15 is recommended. *Location: Red Hill and Memorial Parks*
W or F (please specify) Week of 6/22 - 8/17 \$700 per team

Adult Tennis - Activity# 1300

Students will be introduced to the basic skills of tennis, including fore-hand, backhand, serve and volley. Emphasis is on proper stroke technique and enjoyment. If you have any questions regarding your abilities and class placement, please call Erik at 457-9217. No class on 4/17 & 5/25. *Location: Memorial Park*
Intro to Tennis (Level 1)

M	4/06-6/01	6:00-7:30pm	\$170R/\$180NR	8 weeks
F	4/18-6/06	10:30-12:00pm	\$170R/\$180NR	8 weeks

Intermediate/Advance Tennis (Level 3/3.0)

W	4/08-5/27	6:00-7:30am	\$170R/\$180NR	8 weeks
F	4/10-6/05	9:00-10:30am	\$170R/\$180NR	8 weeks

Bocce Ball

Come play the fun and social game of Bocce Ball with us. Pre-registration is required. *Location: Fairfax Women's Club, 246 Park Road*

T	3/31-6/09	11:00-12:00pm	\$10	11 classes
T	6/16-8/18	11:00-12:00pm	\$10	10 classes

Horse Shoes

Come play horse shoes with us. No experience required. A great way to have fun, meet other people and get some exercise. Pre-registration required! *Location: Fairfax Women's Club, 246 Park Road*

T	3/31-6/09	11:00-12:00pm	\$10	11 classes
T	6/16-8/18	11:00-12:00pm	\$10	10 classes

Join the Resourceful Vibrant Seniors (RVR)!

Meet new people and socialize, learn new things, enjoy meals together and physical activities/ games.

All are welcome to attend a meeting for \$5 or join the RVS for only \$20 per year. Meeting schedule below...

11:00am-12:00 Social, walk, bocce ball (When at Fairfax Women's Club) or board/card games

12:00pm-12:45pm Lunch - Be sure to RSVP at 258-4669 so we will be able to plan for lunch!



Date	Place	Description
March 5, 2009	Fairfax Women's Club Building	Historical Lecture with John Martini on the Golden Gate Bridge.
April 2, 2009	Fairfax Women's Club Building	Movie "Second Hand Lions" - Use E.H. Buel's copy/ popcorn
May 7, 2009	Robson Harrington House, San Anselmo	Get Ready Marin class with Ross Valley Fire Department
June 4, 2009	Bennett House, Fairfax	Garden Tour and talk by master gardener Trevor Huges Planting your new garden, successful plantings for Marin and Bugs!
July 2, 2009	Memorial Park, Log Cabin	BBQ and talk by American Legion on history of the log cabin
August 6, 2009	Drake High School	Computers - How to access the internet.



* Remember 2008 dues were due by Feb 2009, either pay at the next meeting or mail to: RVS, PO Box 529, San Anselmo, CA 94960

The Ross Valley Seniors Steering Committee/Board Meeting is the next to last Tuesday of every month @ 4:30 PM at the Bennett House, 53 Taylor Drive in Fairfax. This group plans RVS events and activities.

All interested community members and seniors are welcome!!!